

What is a Salt Rock Lamp?

Our salt lamps are made from a pure food grade Himalayan Salt Crystal directly imported from Pakistan. They are mined from the Punjab region where the foothills of the Salt Range are located 300 km from the Himalayas.

Yes, our lamps can even be powdered to use as salt in recipes if needed.
Our Salt Crystal Lamps are Natural, Beautiful negative ion generators.

What is an Ion?

An ion is an atom or molecule that has gained or lost an electron. Both positive and negative ions exist in the air. Negative ions in the air attract particles of pollution (including colds, influenza and other airborne viruses) and give them a negative charge, making them seek an electrical “ground,” and causing them to fall harmlessly to the floor. It stands to reason that we want to be surrounded by negative ions as a way of protecting our health. With less pollutant in the air we breathe, we can help minimize the effects of asthma and other bronchial ailments.

Negative ions occur more often in nature, created by things like lightning storms, sunlight, waterfalls, and ocean waves. This is one of the reasons why we feel renewed or refreshed after a storm or after spending time at the beach.

Positive ions are created by electronic devices like computers, TVs, microwaves, etc and can often exacerbate problems like allergies, stress and sleep trouble.

The unique combination of salt and a light source in salt lamps are what cause the negative ions. Salt is hygroscopic, meaning that it attracts water to its surface, this water evaporates due to the heat from the light source. (This is also why salt lamps tend to sweat and appear wet in humid climates.) The negative ions are generated during the evaporation process.

Places like waterfalls and beaches where negative ions are naturally produced can have a negative ion concentration of up to 10,000 negative ions per cubic centimeter whereas busy cities can have negative ion levels as low as 100 ions per cubic centimeter.

Besides Ions, What Else are Salt Lamps Used For?

Numerous customers have purchased our salt lamps as a beautiful light source “ they can be sold as living energy sources which emit a healthy glow, ranging in color light-waves of oranges, yellows, reds and apricot. The ambient light creates a soothing ambiance that helps with relaxation, stress, attention deficit and more.

Use the lamp as a gentle nightlight, or to create a romantic mood. Whether in a child's room, near the television or computer, or in your office, the lamp, provides a natural touch with added benefits to your health.